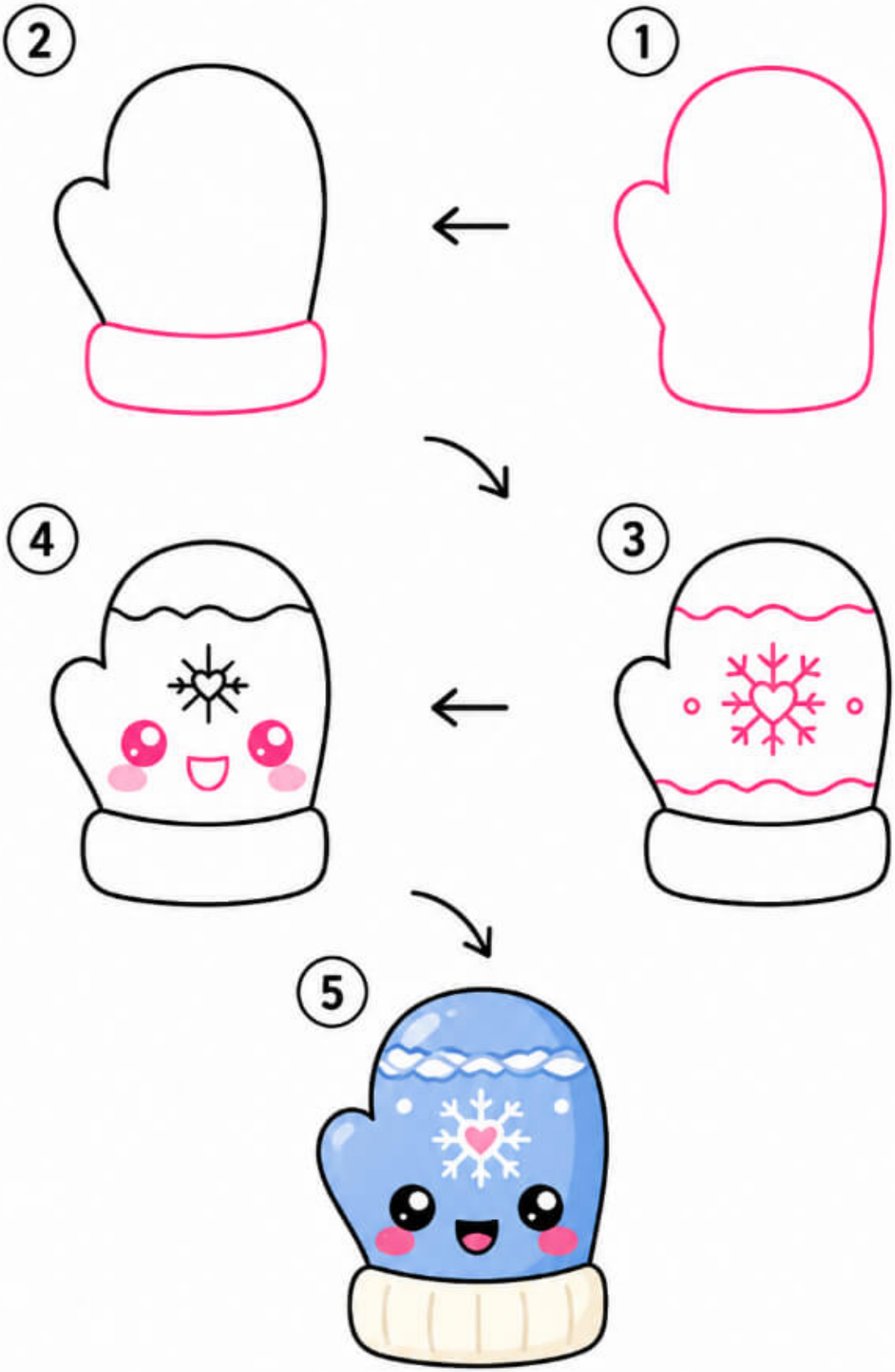איך מציירים כפפת חורף